



Video transcript: Renew by UnitedHealthcare®

Approximate time: 1:43

[Rediscover
Online learning courses. Health news, articles & videos. Interactive health tools.]

[Reinvent
Recipe library. Exercises for the body & mind.]

[Recharge
Brain games. Quizzes. Coloring pages.]

[Redefine
Inspiring stories & videos.]

[Reconnect
Quotes & images to inspire positivity. Music Streaming.]

[Reward
Earn rewards for taking healthier actions.]

[Everyday is an opportunity to
Restart – Revitalize – Recreate – Remix – Reset – Reinvent – Reconnect – Redefine –
Rediscover – Recharge]

[Renew by UnitedHealthcare]

[Go beyond the plan benefits with Renew by UnitedHealthcare, our member-only
Health & Wellness Experience.]